

16-24

TRAINEESHIP

The Charlton Athletic Community Trust Traineeship runs for 12 weeks and aims to change lives for the better. The course has been designed to help those aged 16-24 who are not currently in education, employment or training.

The Traineeship course, which is based at The Valley, provides crucial employability and work related skills, including:

- **100 hours** work experience within the career area of your choice
- **Level 1 Certificate** in Job Search & Employment Potential
- **Support** to improve your English and Mathematics skills
- **A work experience** preparation course

The course provides opportunities to complete qualifications such as:

Level 1 Certificate in Youth Work Practice
First Aid Certificate
FA Level 1 coaching qualification

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Education Manager Niz Miah believes the Traineeship course is an excellent opportunity for trainees to take positive and progressive steps towards education and employment opportunities.

Niz said, **“This is a unique course which allows young adults between the ages of 16 and 24, to enrol and learn crucial life skills whilst building their self-confidence. It’s a stepping stone back into further education or employment.”**

The programme accommodates and supports a wide variety of career choices and options from ***Event Management, Marketing, Media and Health Improvement to Youth Work, Sports Coaching, Engineering and IT.***

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