



Introduction

Starting Saturday 13 June 2020, CACT is proposing to reopen its community 3G pitch to provide some projects. CACT understands that the risk of COVID-19 is very concerning with the outcome of contracting the virus being very serious for many people. It is vital that CACT makes the necessary changes to its programmes, ensuring to the best of our abilities the safety of attendees, staff and members of the public. Below is our plan which will allow us to provide adapted Premier League Kicks diversionary sessions. This plan ensures that CACT continues to follow government guidelines.

CACT is looking to provide this opportunity for young people in response to what over recent weeks has been a noticeable increase in sporting activity taking place in public areas. We have noticed that at times, this has involved large numbers of young people congregating. We have also had to stop large groups entering our community pitch who were attempting to climb over the fence. We feel the better option is to open the facility for limited periods therefore facilitating and overseeing the safe use of our pitch by young people.

Kicks Diversionary sessions to begin on Saturday 13 June 4pm-7pm

Session Logistics

CACT's priority is to provide a safe and managed environment allowing young people to return to football and other sports over the coming weeks. CACT will look to allocate 1 hr sessions to young people so they can access an area of the CACT community pitch. The pitch will be split in to 4 areas with 2 young people being assigned to each of the 4 areas. Specific time slots will be allocated after email registration, and with parental consent if the young people are under 16. The first 2 weeks of the programme restart will be by invite only. Places will be offered only to young people who are known to CACT. This will ensure the young people attending are receptive when following the guidelines as we phase these sessions back in. We will then after this period open sessions up to all young people who live in Bexley and Greenwich.

CACT staff will meet the young people in the Foots Cray Rugby Club car park 5 minutes prior to their allocated time slot. Each pair of young people will be given prior to the day a colour coded meeting point which will be clearly identified in the car park. The coaches will then escort the young people in a staggered fashion to the Community pitch. Then in their pairs they will be given colour coded equipment which will consist of 2 footballs and a small amount of cones. They will then be sent to their designated area of the pitch. Young people will be told to strictly restrict their movements to their designated area. CACT coaches will monitor this and young



people who do not stick to these rules will be asked to leave the premises and not allowed future access to the sessions.

Young people without slots allocated will not gain entry to the training ground. Young people who are late will not be able to overrun into other time slots. CACT toilets will not be open unless in the case of an emergency. 10 minute gaps will be scheduled between sessions to allow CACT staff to clear the site and clean the relevant equipment. Structured sessions will not be delivered by CACT coaches who will focus on ensuring social distancing is maintained throughout the sessions by all players and staff. CACT staff will observe sessions at all times from a distance ensuring all restrictions are followed. Spectators will not be allowed onsite ensuring there is not a gathering outside of the pitch. Parents/carers dropping young people off will be asked to leave the site and return at the collection time. The only exception for parent/carer attendance will be for those who would be required to administer medication to young people in an emergency situation.

CACT staff highlighted to work on the session will be provided with online training prior to the sessions. The training will cover the session logistics/requirements along with health and safety and risk assessments. CACT staff will sign to acknowledge they are competent to deliver the requirements of working on this session following this training. CACT will schedule a minimum of 3 experienced Kicks staff to work on these sessions to ensure all requirements are implemented and any need for de-escalation with young people is done so using the right approach. CACT management staff will be on standby to further support the sessions in the event of staff sickness.

Equipment

Equipment will be colour coded to only be used in the corresponding colour coded designated area of the pitch. This colour coding will help CACT staff and attendees ensure that equipment is not shared. Equipment provided will be cleaned in between each session. Young people will only be able to use CACT provided equipment. Bags and belongings will be left in a safe area marked on the pitch and will be monitored by CACT staff. Attendees will be asked to bring healthy fluids with them which will be allowed to the designated pitch areas but other consumables will not be. CACT will not be providing access to water on its premises.

First aid/Injuries

CACT staff all hold their first aid and safeguarding qualifications. Fully stocked first aid kits will be on site. First aid will be administered where required. If first aid is required, 1 CACT staff member will enter the area but will ask the young person who is not injured to move away to a safe distance. In the event of a serious injury the emergency services will be called immediately. Due to the non-contact and non-competitive nature of the sessions we expect the level of injuries to be very low.

Comms/Marketing

CACT will produce comms and marketing for the session via various media channels. The marketing will focus heavily on getting the message across that these sessions will be safe and will always be heeding government guidelines ensuring young people and staff will remain socially distanced throughout their attendance. CACT sees this as a responsible approach to facilitating young people engaging in activity during these current times. Public perception is important and CACT will ensure our guidelines and messaging is clear to avoid negative comments.

Partner consultation

CACT is moving forward with this venture with the full consultation of key partners and stakeholders. Discussions have been held with the Premier League, the Football Foundation, London FA and both Greenwich and Bexley councils. We are also in consultation with the local Police to ensure they are fully aware of the plans as they move forward.

The CACT community pitch is situated on the site of Foots Cray Rugby Club adjacent the CAFC training ground. CACT will provide this detailed plan along with the appropriate risk assessments to both CAFC and Foots Cray Rugby Club for their agreement prior to the sessions starting.

The above changes and restrictions, we feel, will allow for the safe use and reopening of the community pitch. Bulleted below are the main points which have also been captured in the attached risk assessment.

Main points for Kicks sessions

- CACT pitch to be divided up into 4 areas
- Initial attendees to be known to CACT and invited to attend
- Young people from Greenwich and Bexley can register their interest via email to Kim Dixon
- 2 young people will be allocated a 1-hour slot in each of the 4 areas of the pitch
- Players must remain in their allocated area and always remain 2 metres apart
- Each pairing will be provided with cones, 2 x footballs and a goal to use
- The equipment provided will be colour coded to correspond with a colour coded area
- 10 minute gaps to be scheduled in between each session for site clearing and equipment cleaning



- CACT coaches will not deliver any structured sessions
- CACT coaches will manage all aspects of safety while young people are on site
- A minimum of 3 CACT coaches to work on the sessions
- Competitive football will not be allowed
- Young people will be encouraged to focus their training around fitness, passing and shooting
- No spectators are allowed on site unless they are required to administer medication in a medical emergency
- If young people are late they will not be able to overrun into the next session
- CACT toilets will not be made available during the 1 hour slot unless in the case of an emergency
- Young people will be asked to arrive 5 minutes before their session starts
- Young people will be asked to leave the site immediately after their session finishes
- Arrival and departure lanes will be put in place by CACT staff to keep young people apart as they enter and leave the site