



**No previous qualifications required**

**Free Traineeship including Accredited Courses**



# 16-18 TRAINEESHIP

The Charlton Athletic Community Trust Traineeship runs for 12 weeks and aims to change lives for the better. The course has been designed to help those aged 16-18 who are not currently in education, employment or training.

The Traineeship course, which is based at The Valley, provides crucial employability and work related skills, including:

- ✓ 100 hours work experience within the career area of your choice
- ✓ Level 1 Certificate in Job Search and Employment Potential
- ✓ Support to improve your English and Mathematics skills
- ✓ A work experience preparation course

The Traineeship course also gives the opportunity for the trainees who enrol to progress onto an Apprenticeship, further education or employment, with CACT's full support along the way.

The course provides the necessary tools to gain relevant qualifications such as a:

- ✓ Level 1 Certificate in Youth Work Practice
- ✓ First Aid Certificate
- ✓ FA Level 1 coaching qualification

As a trainee, you will be provided with CACT tracksuit bottoms, a t-shirt and a jumper.

Education Centre Manager Kate Gould believes the Traineeship course is an excellent opportunity for trainees to turn their lives around, start their further education or open up employment opportunities. Kate said, "This is a unique course which allows young adults between the age of 19 and 24, to enrol and learn crucial life skills whilst building their confidence. It's a stepping stone back into further education or employment."

The Programme accommodates and supports a wide variety of career choices and options from Catering, Hospitality, Media and Health improvement to Youth work and Sports Coaching

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